

# The Update

## 2013, Volume I

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*On behalf of the Epilepsy Foundation of Greater Cincinnati and Columbus, I would like to wish everyone a very happy and healthy 2013.*

*I am very pleased and excited to announce that the Epilepsy Foundation of Central Ohio (EFCO) has merged into the Epilepsy Foundation of Greater Cincinnati to become the Epilepsy Foundation of Greater Cincinnati and Columbus. This merger was effective on January 1, 2013.*

*In July of 2012, I was approached by the EFCO Board President, Dr. Bassel Shneker, and asked if we would consider taking on the Central Ohio affiliate. We had a few meetings and developed a merger committee consisting of 3 members from each Board of Directors.*

*It was a relatively easy decision because EFCO has 2 very dedicated staff and a dedicated Board of Directors. They have had a wonderful impact in the Central Ohio area, and it is extremely important to be able to continue to provide the much needed services to those affected by epilepsy.*

*We have entirely blended both Boards to make one large Board of Directors with Tom Lockwood serving as Board President. We now have the fortunate pleasure of working with 2 new staff, Carol Johnson and Karen Brown. We will be continuing all the programs, services and events that EFCO has provided to the Central Ohio community.*

*Our goal is to ensure that the people of Central Ohio and Greater Cincinnati have even greater access to the services they need to manage their epilepsy. We are learning a lot from each other with the goal of growing and improving our services and working hard to ensure that not another moment is lost to seizures.*

*To those of you in the Central Ohio area, we are very excited to be able to continue the services you currently receive. We are truly looking forward to meeting all of you and all of the fantastic volunteers who are so helpful in ensuring that our events are so successful.*

*If you ever have any comments or questions, please feel free to contact me at any time.*

*We are so appreciative of this opportunity to serve you!*

*Kathy Schrag*

*Executive Director*



**Emerald  
MILES**  
5K RUN/WALK 3.23.13  
IN LOVING MEMORY OF DENNIS STEMLER

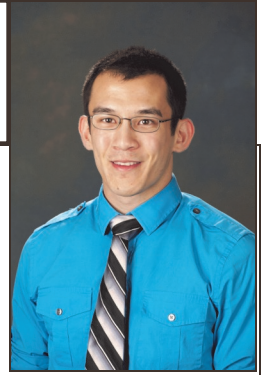
Ready for Emerald Miles 2013?

Time to get moving. . . Find the registration form on page 5!



## Ask the Expert: Fycompa® (Perampanel): A New Drug for Patients with Partial-Onset Seizures

By Paul Fina, PharmD. Candidate 2013  
The Ohio State University College of Pharmacy  
December 2012



Fycompa was approved on October 22, 2012 by the U.S. Food and Drug Administration (FDA) as add-on therapy for patients with partial-onset seizures. Perampanel is the generic name for Fycompa. It has been approved for use in patients with epilepsy, aged 12 years and older, as add-on therapy. Fycompa should be available in pharmacies in April 2013, and it gives doctors and patients a new option to help control seizures.

Fycompa works differently in the brain than other medications used to treat seizures. It works by preventing AMPA glutamate receptors from reaching an active excited state. Fycompa was proven to help with seizure control in two clinical studies with nearly 1500 total patients. They found that patients who took Fycompa along with their other anti-seizure drugs had fewer seizures than without Fycompa. Patients reported a 50% reduction in seizures at a rate as high as 37.6% while on Fycompa.

As with any drug, Fycompa can cause side effects. The most common side effects that were found when testing this drug were dizziness, sleepiness and feeling tired/ irritable and weight gain (~ 2.5 pounds). Higher doses of Fycompa were associated with increased intolerance to the medication due to dizziness. Some of the more serious side effects are imbalance, aggression, thoughts of suicide, and changes in vision. Patients should call their doctor right away if they have any of these side effects or any other bothersome side effect. Patients should let their doctor know about any health problems with their kidneys or liver.

Since Fycompa was approved for use in combination with other anti-seizure drugs, patients should tell their doctors what drugs they are taking for their seizures and other health problems as many of these drugs can influence how the body

handles Fycompa. Patients should NOT stop taking Fycompa suddenly because it may cause them to have more seizures. Patients should not drink alcohol while taking Fycompa as it can worsen many of the side effects.

Fycompa is a tablet that comes in six strengths: 2 mg, 4 mg, 6 mg, 8 mg, 10 mg and 12 mg. Patients should take this drug once a day at bedtime with or without food. The tablets should be swallowed whole with a full glass of water. Patients should not crush, break, or chew Fycompa tablets. Patients will begin on a low dose and slowly be increased to their target dose. The FDA-approved dose is up to 12 mg once daily. Fycompa appears to be most effective at doses ranging from 4 mg to 12 mg per day.

Patients should take Fycompa exactly how their doctor tells them to take it. Patients should keep this drug in a safe place and not share it with anyone. They should not drive, operate heavy machinery, or do other dangerous activities until they know how Fycompa affects them. If a patient forgets to take a dose of Fycompa they should wait until their next dose and then carry on as usual. If patients take too many doses of Fycompa they should contact their doctor, their local Poison Control Center, or go to the nearest hospital emergency room.

Information will continue to be collected from patients taking Fycompa to help determine the medication's role in patients with epilepsy and if it has any other roles in therapy. The development of Fycompa is another example of research that continues to be done on epilepsy.

We would like to extend our warmest thanks to the following foundations for their generous support by awarding the Epilepsy Foundation grants for our many services. Thanks to their generosity we are able to continue to serve those with epilepsy and their families. 2012 Grants that were received and the programs they were designated to:

### **Camp Flame Catcher:**

Charles H. Dater Foundation. . . \$5,000

Jack J. Smith, Jr. Charitable Trust . . . \$7,500

### **Residential Group Home Improvements:**

Spaulding Foundation. . . \$20,000

Anonymous Grant. . . \$10,000

### **Community Education Program:**

Epilepsy Foundation of America, "African American & Hispanic Outreach". . . \$5,000

Epilepsy Foundation of America, "Seniors & Seizures Training Program for Adult Day Centers". . . \$8,000

Epilepsy Foundation of America, "Seizure Training for Childcare Personnel". . . \$1,000

### **Counseling Program:**

Epilepsy Foundation of America, "Youth Council Start-Up". . . \$2,500

Epilepsy Foundation of America, "Family Network". . . \$10,000

*Thank You!*



## West Virginia Outreach Still Going Strong

Although the state of West Virginia does not have an epilepsy affiliate, we have happily crossed the state border to provide needed services. Monthly we go to Huntington for support group meetings and more.

Recently our staff trained the staff at Goodwill facilities in both Charleston and Huntington and we will be presenting at a state school health conference in June. On April 5, we will be working with Cabell Huntington Hospital to present a 1/2 day seminar on epilepsy and the following day we will have a 5K run/walk to raise funds for their local services. Also on April 6, supporters in Point Pleasant, WV, will be gathering for their 1<sup>st</sup> annual Epilepsy Awareness Walk. All these activities spell awareness and acceptance for people with epilepsy in the Mountain State!

## National Walk for Epilepsy April 20, 2013

Once again, Ohio will have a presence at the National Walk for Epilepsy as we converge upon our Capital City for this annual event. We encourage you to join us as we show the nation how many people are affected by epilepsy and more importantly that *people may have*

*epilepsy, but epilepsy does not have them.*

People, like Jason Snelling from the Atlanta Falcons and others will take the center stage encouraging people to not let epilepsy stand in their way.

You can either join us in DC for

Save The Date Saturday, April 20, 2013



the walk or as a virtual walker by joining Team Ohio at [www.walkforepilepsy.org](http://www.walkforepilepsy.org).



## Camp Flame Catcher 2013

As the two affiliates merge, so do our great camp programs. This merger will allow us to have one awesome camp at Camp Kern, located north of Kings Island on I-71. This year we will be offering 5 camps to serve hundreds of children with epilepsy. The dates are below and include a brief synopsis of the specific program. We hope you can join us, and as always, call us if you need financial assistance thanks to our very generous donors.

- Spring Camp – April 26-28. Campers will be staying in tree houses, exploring the woods, horseback riding, canoeing and much more. Please join us for this more rustic experience at camp.
- Family Day Camp – June 1. Parents, children with epilepsy and their siblings are invited to a day of fun at Camp Kern as we hike, do crafts, swim and much more.
- Summer Camp – July 14-18. Join us for 5 days of non-stop fun this summer as we converge upon Camp Kern for all the things you would expect at camp and more. We will be horseback riding, putting on an awesome talent show and more.
- Camp for Champs – Although the dates have yet to be determined this annual day camp in the Columbus area is back and better than ever. This camp combines Equine Therapy and other fun activities to make for a great program. Space is limited so call today if you are interested.
- Fall Camp – October 4-6. What better way to enjoy the fall than to camp? We will be staying at Elk Lodge and exploring all that camp has to offer. This is a great way to see your friends from the summer.

Call our office at 877-804-2241 to register for these camps.

Join us for Viva Las Vino on Friday, May 3<sup>rd</sup> from 7:00-9:30 pm as we gather at The Loft at Smith Brother's Hardware building in downtown Columbus for an evening of delicious appetizers, wines, games of chance and more as we support our many programs in the Columbus area. Our good friends at Glazer's Wine and Spirits are providing the wine for the evening and we hope you will join the fun. Tickets are only \$65.00 per person



for a regular ticket; or \$100 for a premium ticket, which includes an additional premium wine tasting from 6:00-7:00 pm prior to the event. Tickets may be purchased on our website or by calling our office at 877-804-2241.

The drawing for our Napa Valley Dream Vacation will take place at the conclusion of the event. One lucky winner will walk away with a week's stay for 8 -10 in a beautiful home in Napa's Rutherford Vineyard Region. Along with lodging in a 3000 square foot home, the winners will also be treated to tastings and tours at two Napa vineyards. Don't miss out on this dream vacation; call our office to purchase tickets at \$20.00 each or 6 for \$100.00.

We are very pleased and excited to announce that through the generosity of Lundbeck, we will once again be able to offer the Studio E Art Therapy Program. This is a wonderful program that enables participants to express their thoughts and feelings through different types of art.

Last year, we had two groups—a group for adults and a group for teens. The program was held once a week for six consecutive weeks. Each session was led by two area art therapists and each session lasted approximately three hours.

It was truly amazing to see the groups gel together and the different pieces of art that were produced. The beauty of it is that you do not have to be an artist at all. The sessions are a great outlet and an opportunity to meet new people.

Through the support of Lundbeck, the art sessions are free of charge! If you are interested in participating in the Studio E Art Program or would like additional information, please contact Doug Simmons at (513) 721-2905 or email Doug at [doug.simmons@epilepsy-ohio.org](mailto:doug.simmons@epilepsy-ohio.org).

## SCRAP EPILEPSY!

... to benefit camps for children living with epilepsy!

- When: Saturday, March 16, 2013 from 10:00 am-10:00 pm
- At **Scrapbook Art** (1190 East Powell Rd., Lewis Center, OH 43035)
- Cost: \$30.00 (\$20.00 goes to camps for children ages 5-17)
- For reservations, call **Scrapbook Art** at 614-854-0709
- Door Prizes, Lunch, Dinner and Snacks Provided
- Grand Door Prize Donated by Squier Photography!
- Wear PURPLE in recognition of Purple Day for Epilepsy (March 26) and be eligible to win a prize
- Questions: Contact Sarah Gaskell at [yaac01@yahoo.com](mailto:yaac01@yahoo.com)



## Fight For My Life

My name is **Michael Mayle**. I am 38 years old and have lived in Ohio for my whole life. By writing this I really want to help other people face their battle like I did.

I had my first seizure when I was 5 years old and, after some testing, was diagnosed with epilepsy. This was the beginning of a long battle because it was very difficult finding the right medicine for my specific kind of seizures. During the next 12 years the doctors began trying multiple different types of seizure medication, but nothing seemed to work. So we searched for a different way to fight off the seizures.

My doctors suggested I have surgery on my brain that would hopefully stop the seizures. The recommended surgery was a resection of the temporal lobe (take out the piece of my brain that was bad). They put me through multiple tests to find out where that bad piece was located but after the surgery, my seizures got worse. The surgery just made the seizures last longer and become stronger. I would black out from these strong seizures. During this time I was in junior in high school. I needed a little bit of extra tutoring during this time. However, when I graduated I decided to attend college and went to a special program at Wright State University that helps people with learning difficulties. While I was in college I was still on multiple seizure medications. I was still having seizures and they were getting out of control. They started taking over my thoughts and I could not concentrate on school any longer. I had to drop out and return home to continue fighting my battle.

During the next few years, more medication was tried but nothing worked! At this time the VNS (Vagus Nerve Stimulator) was new on the market. The VNS provides very small electrical shocks to the vagus nerve in the neck. This is supposed to prevent or stop the abnormal brain activity that causes seizures. In 1997, the VNS slowed my seizure activity better than any medication they had tried on me. It allowed me to be seizure free for over 6 months, which was the longest time I had ever gone without a seizure. My self-confidence began to grow and I began feeling like there was some hope again. Little did I know that another battle was just around the corner.

Continued on Page 6

# Emerald Miles 5K Run/Walk—March 23, 2013

Your participation in this event helps the Epilepsy Foundation provide valuable services to our community including: counseling, support groups, community education, group homes, Camp Flame Catcher for youth with epilepsy, an Adult Day Activity Program and much more! To find out more about the unique services the Epilepsy Foundation provides, visit: [www.cincinnati-epilepsy.org](http://www.cincinnati-epilepsy.org)

Support people with epilepsy by either running or walking the 5K scenic course that starts at Newport on the Levee, crosses over the Ohio River, loops through Sawyer Point into Cincinnati and then returns to the Levee.

Numerous awards will be handed out including:

- ♣ Trophies to the first male and female runners and walkers
- ♣ Medals to the first and second place finishers in each age division:
  - ♣ Runner's Divisions: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70+
  - ♣ Walker's Divisions: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

The race starts at 9:00 am; same day registration is from 7:30 am - 8:30 am

Bonus! If you have 20 or more individuals on your team who register and pay by 3/4/13, we will put your team name on the sleeve of the event shirt of those participants!

Registration information:

Fees:

- ♣ Adults (13 and over) Pre-registration is \$30 (includes an event shirt\*); Same day registration is \$30 for the race only or \$35 with an event shirt, while supplies last.
- ♣ Children (12 and under) are \$15 (includes an event shirt\*). Children in strollers are free, but do not receive event shirt or awards.

To pre-register, your registration form must be **post-marked** by 3/18/13, completed on-line by noon on 3/20/13.

\*All pre-registration event shirts must be picked up by 9:00 am on race day or they will be forfeited\*

Refreshments & music will be available after the race

Beat the crowd the day of the event! If you are pre-registered, you can beat the crowd on race morning by picking up your race number and shirt early Thursday, 3/21 from 3:00-7:00 pm at Bob Roncker's Running Spot in O'Bryonville (1993 Madison Rd., Cincinnati, OH 45208); or Friday, 3/22 from 3:00-6:00 pm at the Epilepsy Foundation's downtown office (895 Central Ave., Ste. 550, Cincinnati, OH 45202).

Questions? Call the Epilepsy Foundation at 513-721-2905

Sponsored by: Cincinnati Bell Technology Solutions ♣ Vantiv ♣ Green BEAN Delivery ♣ Newport on the Levee ♣ B-105.1 FM ♣ Bob Roncker's Running Spot ♣ Power Bar ♣ Rewind 94.9 FM



## Emerald Miles 5K Run/Walk Pre-Registration (Must be postmarked by 3/18/13 for pre-registration)

Please type or print clearly and fill the form out completely. Thank you!

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_

Address: \_\_\_\_\_ E-mail: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about the race? \_\_\_\_\_

Are you part of a team? Team Name: \_\_\_\_\_

Category:  5 K Walk  5 K Run Circle T-shirt Size: Youth Sizes: S M L Adult Sizes: S M L XL XXL

- Pricing:  \$30 Adult Pre-registration (13 and over) (includes entry fee and event T-shirt)  
 \$15 Registration for children (12 and under) (includes entry fee and event T-shirt)

\*Registration fees are non-refundable.

Mail to: The Epilepsy Foundation of Greater Cincinnati and Columbus  
Attn: Emerald Miles  
895 Central Ave., Suite 550  
Cincinnati, OH 45202

WAIVER: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Emerald Miles Run/Walk, and do hereby release the Epilepsy Foundation of Greater Cincinnati and Columbus, all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules of participation, and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such a run, and have trained adequately in preparation for the run. I HAVE NOTED ANY MEDICAL CONDITION on this entry form next to my signature. I will permit the use of my name and picture participating in this event for publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Fight for My Life. . . continued from page 4

One day, I crashed my bike and I hurt my lower back. I went to the doctor and he did not see any problems, but just to be safe he scheduled me for a CAT scan. The next day the doctor told me I had testicular and teratoma cancer which had spread throughout my body. I was shocked! Both my grandparents died from cancer and I thought I might be next. He sent me to the James Comprehensive Cancer Center at OSU where, after removing my left testicle, the chemotherapy started.

I never knew much about chemo except that it helped people fight cancer. As it turns out, I had to take three different types of chemotherapy treatments. All of my hair eventually fell out and it made me even sleepier than my seizure medications. I lost most of my energy and strength as it became hard to walk and very difficult to climb stairs. When I did walk, it felt like I had 250 extra pounds on my back and hadn't eaten in days.

Over the next 2 years, I had three additional surgeries to remove all of the cancer from my body. The first surgery took over 17 hours for the doctors to remove the cancer surrounding my kidneys. The doctors chose to remove my left kidney due to the extensive damage. The next surgery involved taking cancer out of my neck and shoulder. The final surgery was on my chest where they removed a small piece of my left lung. Once this last surgery was completed, the doctors told me that I was in remission! . . . and I am CANCER FREE! It has taken me a long time to talk about this as I never just "bring it up". Not even at the Relay for Life events, it is just a lot of pain that is hard to verbalize, which is why I have just now written my story.

At this time, the VNS was not working like it used to. Maybe it was the cancer or the chemo, but it wasn't stopping the seizures. As I went in to remission, my main priority was to be seizure free. As I was battling the cancer, technology went further and became better in the fight against epilepsy. My neurologists suggested a new surgical procedure called Temporal Lobectomy. The surgery has helped other people get rid of their seizures altogether. The surgery basically meant taking out the bad piece of the brain causing the seizures. By removing it, the seizures would go away for good. I was not the first to have this procedure; two others had this done at OSU successfully, which helped me to make the decision.

Once I decided to have the surgery, I had to go through a lot of tests to locate the exact area of the brain that was causing the seizures. The doctors warned me about the risks of this surgery. The damaged part of my brain was located near the speech center. By taking out the damaged part of the brain, it could cause speech problems including forgetfulness of different names of people, places, things, etc. . . I understood the risks, but decided being seizure-free was more important. I figured I could always fight the battle to regain my speech is needed.

I don't remember waking up after the surgery. There were a lot of people around me that I know or that looked familiar but I could not remember their names or how I knew them. It was very hard to talk to people who you don't know or don't remember. Being on such high dosages of pain medications didn't help. I was having severe headaches caused by my brain surgery that required me to stay on the pain medications. This made my memory even worse. I was very sensitive to light and loud noises. People had to whisper to me and we kept the lights off.

Eventually the doctors began lowering the dosage of the pain medication. I started to eat a little better and was getting a little stronger but, since I was in bed for so long, I needed to work on my physical health. I was transferred to Dodd Hall (the inpatient rehab facility at OSU). Not only did Dodd Hall help me get back in shape but they helped me start the battle against my memory (confrontation naming aphasia). I was at Dodd Hall for about a month before I was discharged home. I then continued therapy at the OSU outpatient clinic.

While at the outpatient clinic, I learned a lot and continued to get better but I felt that I still had a ways to go especially in communications with others and word-finding. I graduated from OSU outpatient therapy 18 months later and began home therapy 2 times a week, with another speech therapist. We are still working together as my battle to regain my speech and language skills continue.

Plato once said, "Only the dead have seen the end of war". Every war I fought I have won. It took me 22 years to win against epilepsy and 4 years against cancer. Some people celebrate their birthday for how old they are. I will always celebrate my birthday on how many years I have been seizure and cancer-free. Everyone in the world will have some sort of battle in the life. It is what you learn from these battles that will help you survive. Fighting these two battles has helped me open my eyes and help other people that may be going through the same problems. My family and I helped to start the Relay for Life here in Pickerington to help raise money for cancer research. I also volunteered for the Cattle Barron's Ball and the Peletonia 180 mile bike ride, again supporting cancer research. I also volunteer my time to talk and help others decide on whether or not to have the same type of brain surgery I had to stop my seizures. The one lesson I would like others to learn is to have empathy towards those with cancer or seizures. We do not want sympathy but understanding of our battles that we have had, and what you can do to help our cause.

My goal in life is to live it to the fullest, as we only live once. I have hoped for this day my whole life, to be cancer and seizure-free. I know that I will have additional challenges in my life but with the help of my family and friends I will win. My newest battle is just beginning; what am I going to do as an occupation? . . . We will find out!



Have you enrolled for the Kroger Community Rewards Program yet? If you have, we thank you so much for your participation! As a reminder, participants must re-enroll each year to continue earning awards during the coming year. If you haven't enrolled yet, it is easy to participate and there are no strings attached—shop at Kroger and scan your Rewards card when you check out and a percentage of your purchase will be donated to the Epilepsy Foundation. Enroll or re-enroll at [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com). Our organization number is 82140

**February 28, 2013; 9:00 AM-12:30 PM**

Seminar "Successful Interventions with AD/HD, Asperger's and Autistic Spectrum Disorders: Developing Successful Personalized Treatment Plans": The Health Foundation of Greater Cincinnati; \$50

**March 6, 2013; 6:15-8:00 PM**

Columbus Adult Support Group : Riverside Health Center ( 500 Thomas Ln., Columbus, OH 43215). Park in the purple parking garage!

**March 12, 2013; 6:00-7:30 PM**

Clinton County Epilepsy Support Group: Books 'N More Conference Room (28 W Main St., Wilmington, OH 45177)

**March 13, 2013; 5:30-7:00 PM**

Warren County Epilepsy Support Group: Kidd Coffee (322 Reading Rd., Mason, OH 45040)

**March 16, 2013; 10:00 AM-10:00 PM**

Scrap Epilepsy: Scrapbook Art (1190 East Powell Rd., Lewis Center, OH 43035)

**March 20, 2013; 6:00-7:30 PM**

Northern Kentucky Epilepsy Support Group: St. Elizabeth-Florence, Emergency Department Conference Room (lower level) (4900 Houston Rd., Florence, KY 41042)

**March 20, 2013; 6:30-8:00 PM**

Columbus Adult Support Group

**March 21, 2013; 6:00-7:30 PM**

Hamilton County Epilepsy Support Group: Epilepsy Foundation's Main Office (895 Central Ave., Suite 550, Cincinnati, OH 45202)

**March 23, 2013; 9:00 AM**

Emerald Miles 5K Run/Walk: Newport on the Levee

**March 26, 2013; 5:30 PM**

Huntington, WV Epilepsy Support Group: Cabell Huntington Hospital, Room G403, near the Atrium Entrance. (1340 Hal Greer Blvd., Huntington, WV 25701)

**March 26, 2013; 6:30-8:00 PM**

Columbus Parent Support Group and TASSELS (Teens and Students with Seizures/Epilepsy Living Socially): Riverside Health Center ( 500 Thomas Ln., Columbus, OH 43215). Park in the purple parking garage!

**March 28, 2013; 9:00 AM-12:30 PM**

Seminar "Crisis Intervention and Mental Health Assessment in the Community": The Health Foundation of Greater Cincinnati; \$50

**April 3, 2013; 6:15-8:00 PM**

Columbus Adult Support Group

**April 5, 2013;**

Epilepsy Seminar: Cabell Huntington Hospital

**April 6, 2013; 9:00 AM**

Race for Hope in Huntington, WV

**April 6, 2013; 1:00 PM**

Courage Walk at Point Pleasant Riverfront Park

**April 9, 2013; 6:00-7:30 PM**

Clinton County Epilepsy Support Group

**April 10, 2013; 5:30-7:00 PM**

Warren County Epilepsy Support Group

**April 17, 2013; 6:00-7:30 PM**

Northern Kentucky Epilepsy Support Group

**April 17, 2013; 6:15-8:00 PM**

Columbus Adult Support Group

**April 18, 2013; 6:00-7:30 PM**

Hamilton County Epilepsy Support Group

**April 20, 2013**

National Walk for Epilepsy; Washington DC

**April 25, 2013; 9:00 AM-12:30 PM**

Seminar "The Importance of Setting Boundaries Professionally and Personally": The Health Foundation of Greater Cincinnati; \$50

**April 26-28, 2013**

Spring weekend session of Camp Flame Catcher

**April 30, 2013; 5:30 PM**

Huntington, WV Epilepsy Support Group

**April 30, 2013; 6:30-8:00 PM**

Columbus Parent Support Group and TASSELS

**May 1, 2013; 6:15-8:00 PM**

Columbus Adult Support Group

**May 3, 2013; 6:00 or 7:00-9:30 PM**

Viva Las Vino: The Loft (580 N. Fourth St., Columbus, OH 43215)

**May 5, 2013; 11:00 AM-4:00 PM**

International Car Festival: Easy Street Speed & Kustoms (701 Chamber Dr., Milford, OH 45150)

**May 8, 2013; 5:30-7:00 PM**

Warren County Epilepsy Support Group

**May 14, 2013; 6:00-7:30 PM**

Clinton County Epilepsy Support Group

**May 15, 2013; 6:00-7:30 PM**

Northern Kentucky Epilepsy Support Group

**May 15, 2013; 6:15-8:00 PM**

Columbus Adult Support Group

**May 16, 2013; 6:00-7:30 PM**

Hamilton County Epilepsy Support Group

**May 28, 2013; 6:30-8:00 PM**

Columbus Parent Support Group and TASSELS

**May 28, 2013; 5:30 PM**

Huntington, WV Support Group

## The International Car Festival

- May 5, 2013 from 11 am-4 pm
- Easy Street Speed & Kustoms (701 Chamber Dr., Milford, OH 45150)
- Hosted by the British Car Club of Greater Cincinnati
- Supporting The Stray Animal Adoption Program and the Epilepsy Foundation of Greater Cincinnati and Columbus

A different type of car event! Cars will be parked by their country of make. Special areas for Rat Rods, Hot Rods & Misc. Entry fee \$10.

Includes: DJ, vendors, food, awards, dash plaques, door prizes, motor mania radio show. Email [icf@fuse.net](mailto:icf@fuse.net) for additional info.



## Scootin ' for Epilepsy

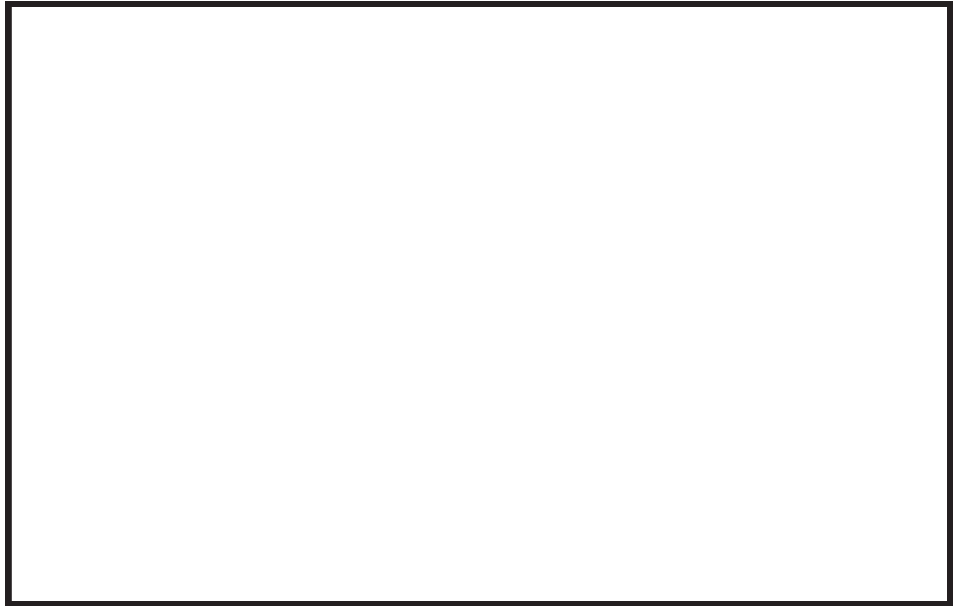
Are you a motorcycle rider who enjoys riding through the beautiful roads of Hocking Hill Ohio? Then this event on June 15 is for you! Participants will start at the Mill Dam Corner Grille in Hebron Ohio and ride to Scotty's Bar & Patio in Reynoldsburg. Along the way you will enjoy great scenery and a chance to win with the best poker hand, in a 50/50 raffle, live auction and more. Food, drinks and live entertainment will be provided as you raise funds to support our camp program. Even if you do not have a motorcycle, cars are welcome, although not as fun! Call or check out our website for more details.





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Did you know that the Epilepsy Foundation offers FREE support at your child's IEP meeting? Call if you would like us to attend your next meeting with you.

The Update is a quarterly newsletter published by the Epilepsy Foundation of Greater Cincinnati and Columbus. The Epilepsy Foundation of Greater Cincinnati and Columbus is a United Way Agency founded in 1953 to assist people with epilepsy and their families in meeting their multiple health and social needs.

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**Mission statement:**  
The Epilepsy Foundation leads the fight to stop seizures, find a cure and overcome the challenges created by seizures.

**Epilepsy Foundation of Greater Cincinnati and Columbus**

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