Agenda

8:00 - 8:40AM | REGISTRATION

Registration, Exhibits and Continental Breakfast

8:40 - 9:00AM | WELCOME & REMARKS

Kathy Schrag, Executive Director, *Epilepsy Alliance Ohio* **Dr. Danielle Becker,** MD

Ohio State University Wexner Center

9:00 - 10:30 AM | GENERAL SESSION

Under the Lights with Miles Levin

Dr. Sarita Maturu, DO Ohio State Wexner Center

Questions and Answers session with Miles Levin, a filmmaker living with epilepsy. This presentation will involve a conversation on Miles' epilepsy journey, a discussion about his upcoming film, Under the Lights, and dialogue about breaking the stigma for people with epilepsy.

LINDA DAFFIN AWARD

10:30 - 10:45AM | BEAK

10:45 - 11:30 AM | CONCURRENT SESSION

Beyond Seizures: The Interplay of Epilepsy, Mental Health, and Social Well-being

Dr. Katherine Brownlowe, MD

Ohio State University Wexner Center

Crystal Eply, RN, NP

Ohio State University Wexner Center

The session will discuss the bidirectional relationship between mental health, epilepsy and psychosocial issues for people with epilepsy. It will examine difficulties for people with epilepsy that include psychosocial issues, stigma and independence.

Side Effects of Anti-Seizure Medications

Dr. Megan Fredwall, MD

Nationwide Children's Hospital

This talk will cover a broad overview of anti-seizure medication side effects, including the most common side effects encountered by patients, and will review general principles in responding to medication side effects.

11:30 AM - 12:15 PM | CONCURRENT SESSION

Neuromodulation Impacts on Quality of Life

Dr. Danielle Becker, MD, MS

Ohio State University Wexner Center

This seminar will review the FDA neuromodulation devices for treatment of epilepsy and their impact on quality of life including the improvement in mood, social functioning, memory and seizure worry.

A Guide to Self Care for Epilepsy Patients and Caregivers

Dr. Emily Klatte, MD, MBA

OhioHealth

This presentation will discuss the importance of mind and body self-care. It will also discuss empowerment through rescue medication and seizure actions plans along with additional self-management tools.

12:15 PM - 1:05 PM EXHIBITS & LUNCHEON

1:05 PM- 1:50 PM | CONCURRENT SESSION

Caregiver Burden and Burnout

Dr. Amanda Weber, MD

Nationwide Children's Hospital

Epilepsy is a chronic medical condition that impacts the entire family. We will discuss the factors that contribute to caregiver burden and explore resources that are available to help you cope.

<u>Driving and Working with Epilepsy. How to</u> Remain Save and Retain Independence

Dr. Jaclyn Laine, DO

OhioHealth

This session will discuss what determines which patients require driving restrictions and ways to communicate these restrictions. It will also help participants develop an understanding of medical recommendations for activity restriction versus required reporting.

1:50 PM - 2:00 PM | BREAK

2:00 PM - 3:00PM | GENERAL SESSION

Quality of life: Reduction in Seizure Frequency Versus a Reduction in Comorbidities in Epilepsy

Dr. Maryam Mian, MD

Ohio State Wexner Center

Dr. Jesse Mindel, MD

Ohio State Wexner Center

This session will be in debate formate discussing common epilepsy related comorbidities and how to manage/treat co-morbidities related to epilepsy. It will review comorbidities and side effects of seizure medications and other treatments of epilepsy along with considerations for the balance of the two issues.

3:00 PM- 3:15 PM | CONCLUSION

Questions and Answers

Conclusion, evaluations, door prizes

Location Information

Blackwell Inn & Conference Center 2110 Tuttle Park Pl. Columbus, OH 43210

Our Mission

Epilepsy Alliance Ohio is dedicated to supporting those impacted by epilepsy in local communities by confronting the spectrum of challenges created by seizures.

Like us!







Columbus Office 3857 N. High Street, Suite 206 Columbus, Ohio | 43214