# The Update



October 2024

Epilepsy Alliance Ohio along with
The Ohio State University Wexner Medical Center
Presents:

**Living with Epilepsy Conference** 

Saturday, November 2, 2024 | 8 AM to 3:30 PM
The Blackwell Hotel and Pfhal Conference Center The Ohio State University
2110 Tuttle Park Place
Columbus, OH 43210

Conference for people with epilepsy, their family and friends and professionals in the field of neurology.



### The Ohio State University

WEXNER MEDICAL CENTER

Click here for more details and to register

You are cordially invited to a celebration of Hope for Those Living with Epilepsy

Our 10th annual Seize Hope Fundraiser will take place:
Friday November 8, 2024

7 PM - 11 PM

Longworth Hall, 700 Pete Rose Way, #137, Cincinnati \$85 | person, \$150 | couple

On-line Registration: Click Here to Register!

Presenting Sponsors:

Come celebrate hope for those living with epilepsy. This wonderful fun-filled evening includes:

• silent auction • basket raffle

beer & wine • heavy hors d'oeuvres

award presentation · live music



## S.M.A.R.T. Program Managing Life with Epilepsy: An 8-Week Virtual Course

Are you an adult living with epilepsy or do you know someone who is? Would you like to learn some strategies to help improve your quality of life? Epilepsy Alliance Ohio is holding a virtual 8-week, one hour per week, class for adults with epilepsy focused on practical strategies for managing both physical and emotional well-being.



Each week, the group leaders highlight different topics in wellness for epilepsy. Participants have an opportunity to share their experiences living with epilepsy and learn from each other. Groups will be limited to 10 participants. Participation is free of charge.

Next session will be Spring 2025.

To enroll and/or be added to the waiting list, please go <a href="here">here</a> or contact Patty Trotta at 513-721-2905 or <a href="mailto:patty.trotta@epilepsy-ohio.org">patty.trotta@epilepsy-ohio.org</a>.

# A Guide to Supporting Students with Epilepsy Create a Safer Environment for all Students & Staff



Get Your eBook

Empower your school community to provide support for students with epilepsy and be prepared to respond to seizures with our eBook, Improve School Safety: A Guide to Supporting Students with Epilepsy. Even if you don't have student or staff diagnosed with epilepsy, the CDC shares that 1 in 10 individuals will experience a seizure at some point in their lives. That's why we've partnered with Epilepsy Alliance America to design this resource specifically for administrators like you who are committed to creating inclusive and supportive environments where students and staff can thrive.

Save the Dates

**November - Epilepsy Awareness Month** 

Living With Epilepsy Conference - November 2 - Columbus, Ohio Seize Hope Gala - November 8 - Cincinnati, Ohio

#### **Mission Statement:**

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.

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