The Update





Emerald Miles 5K Run/Walk 2025 March 15th



Please join us at the Hofbräuhaus in Newport, Kentucky, as we host our annual Emerald Miles Run/Walk. This great venue is the perfect place to gather with family and friends before and after the race to enjoy food, music and a cold beer! Register below and don't forget to invite family and friends to join your team. See you March 15th!

Your participation in this event helps Epilepsy Alliance Ohio provide valuable services to our community including: counseling, support groups, community education, group homes, Camp Flame Catcher for youth with epilepsy, an Adult Day Activity Program and much more!

Support people with epilepsy by either running or walking the 5K scenic course that starts at the Purple People Bridge, crosses over the Ohio River, loops through Sawyer Point into Cincinnati and then returns via the Purple People Bridge.

Click here for On-line Registration!



2025 Emerald Miles Registration Flyer

What is it?

This Virtual Wallet Card provides important information on how to respond to different types of seizures, what different types may look like, available resources and events, and more!

Scan QR code, follow the prompts, and the card will automatically download to the wallet app in your phone. Virtual Wallet Seizure Response Card





) https://epilepsyallianceohio.bm.cards

Taylor Huth Memorial Scholarship Program

A college scholarship fund set up by the family and friends of Benjamin "Taylor" Huth to remember and celebrate Taylor's zeal and love for life.

A 1 year, \$2,000 Scholarship honoring local, outstanding students who have: -Overcome or are working to overcome the challenges of epilepsy -Been successful in school -Done well in activities outside the classroom or in the community -Shown a desire to make the most out of college or graduate school

Who can apply? You may apply for the Taylor Huth Memorial Scholarship Award if you are: -Under a doctor's care for epilepsy -In school as: -A high school senior who has applied to college -A freshman, sophomore or junior in college -A college senior who has applied to graduate school -An adult interested in pursuing a college degree -Live in Ohio or Northern Kentucky

How to apply? <u>Click here for further instructions.</u>

Applications must be Postmarked by March 28,





S.M.A.R.T. Program

Managing Life with Epilepsy: An 8-Week Virtual Course

Are you an adult living with epilepsy or do you know someone who is? Would you like to learn strategies to help improve your quality of life? Epilepsy Alliance Ohio is holding virtual 8-week, one hour per week, classes for adults with epilepsy focused on practical strategies for managing both physical and emotional well-being.

Each week, group leaders highlight different topics in wellness for epilepsy. Participants have an opportunity to share their experiences living with epilepsy and learn from each other. Groups will be limited to 10 participants and participation is free of charge.

> Upcoming 2025 Sessions: May 6 to June 24 September 9 to October 28

To enroll and/or be added to the waiting list, please go <u>here</u> or contact Patty Trotta at 513-721-2905 or <u>patty.trotta@epilepsy-ohio.org</u>.

Save the Dates

Emerald Miles 5K Run/Walk - March 15 - Newport, Kentucky Spring - Camp Flame Catcher - April 4-6 - Oregonia, Ohio Summer - Camp Flame Catcher - July 13-17 - Oregonia, Ohio Fall - Camp Flame Catcher - September 19-21 - Oregonia, Ohio

Mission Statement:

Epilepsy Alliance Ohio is dedicated to supporting those in our communities

impacted by epilepsy by confronting the spectrum of

challenges created by seizures.

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