The Update







Team 1 in 26

To raise awareness of the fact that 1 in 26 people will be diagnosed with epilepsy sometime in their life, Epilepsy Alliance Ohio is proud to have partnered with the Flying Pig Marathon to bring this point home. At the marathon on May 4, which covers 26 miles throughout Cincinnati, a team of 26 runners who have epilepsy to each ran one mile. This was a powerful witness for our community to show everyone that epilepsy does not have to stand in the way of achieving dreams. Way to go Team 1 in 26!!

More Pics and Video HERE



S.M.A.R.T. Program

Our Next Group is: Tuesdays from 3:30 PM – 4:30 PM May 13th – July 1, 2025!

Managing Life with Epilepsy: A Free 8-Week Virtual Course

Are you an adult living with epilepsy or do you know someone who is? Would you like to learn strategies to help improve your quality of life? Epilepsy Alliance Ohio is holding virtual 8-week, one hour per week, classes for adults with epilepsy focused on practical strategies for managing both physical and emotional well-being.

Each week, group leaders highlight different topics in wellness for epilepsy. Participants have an opportunity to share their experiences living with epilepsy and learn from each other. Groups will be limited to 10 participants and participation is free of charge.

> Upcoming 2025 Sessions: May 13 to July 1 September 9 to October 28

To enroll and/or be added to the waiting list, please go <u>here</u> or contact Patty Trotta at 513-721-2905 or <u>patty.trotta@epilepsy-ohio.org</u>.



The Taylor Huth Memorial Golf Tournament is an annual event that benefits Epilepsy Alliance Ohio and remembers the fun-loving spirit of Taylor Huth, who began having seizures in high school and died at an early age. In spite of being challenged with epilepsy, Taylor was a good-natured young man who would do anything for anyone and was committed to life.

Join Taylor's family and friends in helping those who have epilepsy continue to live each moment to the fullest and celebrate Taylor's joy for life, friends and golf! A portion of the proceeds from this event benefit the Taylor Huth College Scholarship Program for young adults with epilepsy.





On Line Registration

<u>Registration Flyer</u>



Save the Dates SMART - May 13 to July 1, Virtual Memorial Golf Tournament - June 13, Cincinnati, Ohio Summer - Camp Flame Catcher - July 13-17 - Oregonia, Ohio Sand Volleyball - July 26 - Dublin, Ohio

Mission Statement:

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.

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