

The Update



August 2025



Hey, Columbus!
Meet your new Community Engagement Manager
-Lauren Cooper-

Lauren will be working alongside Emma in the Columbus office of Epilepsy Alliance Ohio. She is originally from Youngstown, Ohio, and is currently living in Columbus with her fiancé and their 4-month-old rescue pup, Birdie.

Lauren plays soccer, volleyball, and kickball in various rec leagues around the city. She is also a casual golfer and a season ticket holder for the Columbus Crew.

Welcome, Lauren!

**Epilepsy Alliance Ohio
along with Nationwide Children's Hospital presents:**



Living with Epilepsy Conference

**Saturday, October 25, 2025 | 8 AM to 3:30 PM
at Nationwide Children's Hospital
700 Childrens Drive Columbus, OH 43205**

This conference is for people with epilepsy, their family and friends and professionals in the field of neurology.

Wide Range of Topics by many experts!





Camp Flame Catcher **Upcoming Dates** **Fall Camp: September 19-21, 2025**



Camp Flame Catcher is uniquely designed to give children with epilepsy the typical camping experience that their peers enjoy with the added guidance of trained epilepsy specialists to care for their specific needs. There are educational programs that take place throughout the session to help the campers learn about their epilepsy and ways to cope with its challenges. The children have the opportunity to establish friendships with other children who also have epilepsy and hopefully develop a lasting support system in their lives. Most of all though, the kids have a GREAT time at camp. They take part in such activities as: hiking, arts & crafts, swimming, archery, horseback riding, fishing, boating, shooting BB guns, canoeing, kayaking, hay rides, singing, scaling a climbing wall and much, much more. Camp Flame Catcher creates memories to last a lifetime!

The camp takes place on the wooded grounds of Camp Kern in Warren County, located near Kings Island Amusement Park.

To take part in camp or to ask any questions about camp, e-mail Mark Findley, the Camp Director at: mfindley@epilepsy-ohio.org or 513-721-2905.

[Participant Enrollment Form](#) [Master Medical Form](#)

S.M.A.R.T. Program - Managing Life with Epilepsy: A Free 8-Week Virtual Course

**Our Next Group is: Tuesdays from 3:30 PM – 4:30 PM
September 9 to October 28, 2025**

Are you an adult living with epilepsy or do you know someone who is? Would you like to learn strategies to help improve your quality of life? Epilepsy Alliance Ohio is holding virtual 8-week, one hour per week, classes for adults with epilepsy focused on practical strategies for managing both physical and emotional well-being.

Each week, group leaders highlight different topics in wellness for epilepsy. Participants have an opportunity to share their experiences living with epilepsy and learn from each other.



Groups will be limited to 10 participants and participation is free of charge.

To enroll and/or be added to the waiting list, please go [here](#) or contact Patty Trotta at 513-721-2905 or patty.trotta@epilepsy-ohio.org.

Save the Dates
SMART - September 9 - October 28 - Virtual
Camp Flame Catcher - September 19-21 - Oregonia, Ohio
Living with Epilepsy Conference - October 25 - Columbus, Ohio
Seize Hope Gala - November 7 - Cincinnati, Ohio

Mission Statement:

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.

Epilepsy Alliance Ohio
895 Central Ave., Suite 550 Cincinnati, Ohio 45202
(513) 721-2905 / (877) 804-2241 / Fax (877) 721-0799
EAO@epilepsy-ohio.org www.epilepsy-ohio.org