# The Update



November 2025

# November is Epilepsy Awareness Month

Thank you, Hamilton County, Ohio - Government for proclaiming November as Epilepsy Awareness Month



WHEREAS, the care approximately 32,206 Hamilton County residents that are living with epilepsy; and WHEREAS, the care approximately 32,206 Hamilton County residents that are living with epilepsy; and WHEREAS, the county of the most common ways that someone can develop epilepsy and change in the WHEREAS, the care providing from ways that someone can develop epilepsy and county and those the most common that are living with epilepsy can understanding of epilepsy, and encouraging support for individuals living with epilepsy can directly increase knowledge that empowers communities to provide better care, offer assistance during scizures, and create a more inclusive and compassionate environment; and WHEREAS, approximately 34 million people live with epilepsy in the United States, and of those individuals, about 456,000 are children, and WHEREAS, there are approximately 32,206 Hamilton County residents that are living with epilepsy; and WHEREAS, it is extremely important to practice brain safety, such as wearing seatbelts and helmets and following concussion protocols; and WHEREAS, it is extremely important to practice brain safety, such as wearing seatbelts and helmets and following concussion protocols; and WHEREAS, Epilepsy Alliance Ohio has been serving the Hamilton County community for 72 years by providing free services and programs including advocacy, consecling, support groups, art therapy, service recognition and response training, college scholarships, and a kid's camp for children living with equilepsy.

NOW, THEREORE, BE IT PROCLAIMED, that the Board of County Commissioners of Hamilton County, Ohio, does hereby proclaim November 205 as:

EPILEPSY AWARENESS MONTH

In All of Hamilton County, Ohio as AMBILTON COUNTY, OHIO



## **EPILEPSY AWARENESS MONTH**

YARD SIGNS AVAILABLE

**VISIT US:** 

Pick up a FREE yard sign to promote Epilepsy Awareness Month from our Cincinnati or Columbus offices!

- Not in Cincinnati or Columbus? Call us!
- Don't have a yard? No problem! They are not attached to the stakes and can be placed in a window!

Epilepsy Alliance Ohio is offering FREE webinars for epilepsy awareness month.

We hope to see you there!

18 12:00pm ADVOCATING FOR YOUR PROFESSIONAL NEEDS

Speaker: Sammie Kelly, Beyond Neurodiversity



25 12:00pm RECHARGED & READY: UNDERSTANDING & MANAGING THE DAILY STRESS OF EPILEPSY TO BUILD RESILIENCE

Speaker: Lauren Bailey, Thrive Empowerment Center



# The Faces of Epilepsy-Tell Us Your Story!

At Epilepsy Alliance Ohio, we know that every journey with epilepsy is unique — filled with challenges, resilience, and moments of hope. We also know that when stories are shared, they have the power to inspire others, break down stigma, and remind people that they are never alone.

That's why we're starting a new storytelling project: each week, we'll be highlighting a member of our community and their personal epilepsy journey on our platforms. We'd be honored if you would share your story with us. Whether it's about your diagnosis, living day-to-day with epilepsy, the support that's helped you most, or the victories you've celebrated along the way — your voice matters. If you would be inclined, please fill out the Google Form at <a href="https://forms.gle/NWQ1ZgGZQdp4n86u5">https://forms.gle/NWQ1ZgGZQdp4n86u5</a>

Thank you for considering opening your journey to help others feel seen, understood, and supported. We are so grateful to walk alongside you in this community.

With warmth and gratitude,

The Epilepsy Alliance Ohio Team



Here are some pictures of Cincinnati last November; we want to make it even bigger and all over Ohio!

Make sure to send us pictures of your local landmarks and your homes if you turn your porch light purple so we can share on social media!



#### **Save the Dates**

Seize Hope Gala - November 7 - Cincinnati, Ohio Advocating for Your Professional Needs - November 18 - webinar Recharged & Ready: Understanding & Managing the Daily Stress of Epilepsy to Build Resilience - November 25 - webinar

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### **Mission Statement:**

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.