

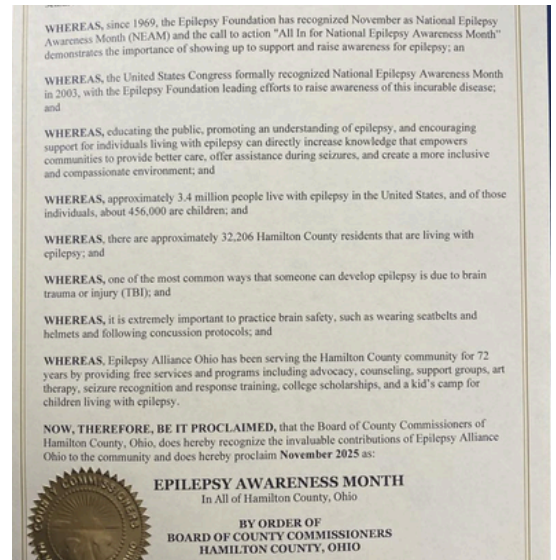
The Update



November 2025

November is Epilepsy Awareness Month

Thank you, Hamilton County, Ohio - Government for proclaiming November as Epilepsy Awareness Month





EPILEPSY AWARENESS MONTH YARD SIGNS AVAILABLE

VISIT US:

Pick up a **FREE** yard sign to promote Epilepsy Awareness Month from our Cincinnati or Columbus offices!

- Not in Cincinnati or Columbus? Call us!
- Don't have a yard? No problem! They are not attached to the stakes and can be placed in a window!


Epilepsy Alliance Ohio is offering **FREE** webinars for epilepsy awareness month.

We hope to see you there!

18
12:00pm

ADVOCATING FOR YOUR PROFESSIONAL NEEDS


Speaker: Sammie Kelly,
Beyond Neurodiversity



25
12:00pm

RECHARGED & READY:
UNDERSTANDING & MANAGING
THE DAILY STRESS OF EPILEPSY
TO BUILD RESILIENCE

Speaker: Lauren Bailey,
Thrive Empowerment Center



The Faces of Epilepsy- Tell Us Your Story!

At Epilepsy Alliance Ohio, we know that every journey with epilepsy is unique — filled with challenges, resilience, and moments of hope. We also know that when stories are shared, they have the power to inspire others, break down stigma, and remind people that they are never alone.

That's why we're starting a new storytelling project: each week, we'll be highlighting a member of our community and their personal epilepsy journey on our platforms. We'd be honored if you would share your story with us. Whether it's about your diagnosis, living day-to-day with epilepsy, the support that's helped you most, or the victories you've celebrated along the way — your voice matters. If you would be inclined, please fill out the Google Form at <https://forms.gle/NWQ1ZgGZQdp4n86u5>

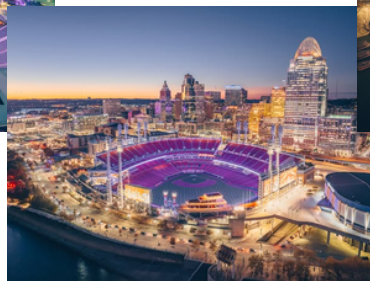
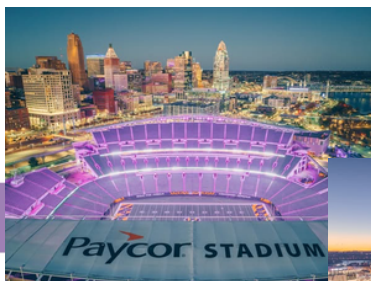
Thank you for considering opening your journey to help others feel seen, understood, and supported. We are so grateful to walk alongside you in this community.

With warmth and gratitude,

The Epilepsy Alliance Ohio Team



Here are some pictures of Cincinnati last November; we want to make it even bigger and all over Ohio! Make sure to send us pictures of your local landmarks and your homes if you turn your porch light purple so we can share on social media!



Save the Dates
Seize Hope Gala - November 7 - Cincinnati, Ohio
Advocating for Your Professional Needs - November 18 - webinar
Recharged & Ready: Understanding & Managing the Daily Stress of Epilepsy to Build Resilience - November 25 - webinar

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Mission Statement:

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.