

# The Update



## February 28, 2026

Join us for our annual Stroll For Epilepsy at Polaris Fashion Place!

When: Saturday, February 28, 2026 at 9:00 am  
Same day registration begins @ 8:00 am

Where: Polaris Fashion Place  
1500 Polaris Parkway  
Columbus, OH, 43240

How it Works: A fun, family friendly event that all can take part in. All participants who register receive a colorful event t-shirt and Treasure Hunt card. With the card, participants walk throughout the mall visiting Treasure Hunt stops. At the stops, participants will answer questions about epilepsy and receive a special stamp on their card. After visiting all the stops, participants will then return to the Center Court area to enter their card into a drawing for fabulous prizes! There will also be live entertainment, a silent auction, and much more!

Want to Start a Team? Join together with family and friends to start a team on our website. You can personalize your page with pictures and e-mail it to family and friends. Check it out at [www.epilepsy-ohio.org](http://www.epilepsy-ohio.org)

On-Line Registration: 2026 On-Line Registration Link!



### Camp Flame Catcher 2026

Spring: April 10 – 12  
Summer: July 12 – 16  
Fall: September 19 – 21



Camp Flame Catcher is uniquely designed to give children with epilepsy the typical camping experience that their peers enjoy with the added guidance of trained epilepsy specialists to care for their specific needs. The children have the opportunity to establish friendships with other children who also have epilepsy and hopefully develop a lasting support system in their lives. Most of all though, the kids have a GREAT time at camp. They take part in such activities as: hiking, arts & crafts, swimming, archery, horseback riding, fishing, boating, shooting BB guns, canoeing, kayaking, hay rides, singing, scaling a climbing wall and much, much more. Camp Flame Catcher creates memories to last a lifetime!

Camp Flame Catcher takes place on the wooded grounds of Camp Kern in Warren County, Ohio, near Kings Island Amusement Park.

To take part in camp or to ask any questions about camp, e-mail Mark Findley, the Camp Director at: 513-721-2905 or [mfindley@epilepsy-ohio.org](mailto:mfindley@epilepsy-ohio.org)

## S.M.A.R.T. Program Managing Life with Epilepsy: An 8-Week Virtual Course

Are you an adult living with epilepsy or do you know someone who is? Would you like to learn strategies to help improve your quality of life? Epilepsy Alliance Ohio is holding a virtual 8-week, one-hour per week, class for adults with epilepsy focused on practical strategies for managing both physical and emotional well-being. The program involves educational and behavioral interventions intended to enhance epilepsy self-management.

Each week, the group leaders, which include a nurse and a trained peer educator, highlight different topics in wellness for epilepsy. Participants have an opportunity to share their experiences living with epilepsy and learn from each other. Groups will be limited to 10 participants.

Participation is free of charge.



### Upcoming 2026 Sessions:

1st Session: January 27—March 17

2nd Session: April 14—June 9

3rd Session: September 1—October 20

To enroll click [here](#). For more information, contact Patty Trotta at 513-721-2905 or [patty.trotta@epilepsy-ohio.org](mailto:patty.trotta@epilepsy-ohio.org)



Save the Dates  
SMART - January 27 to March 17 - Virtual  
Stroll for Epilepsy - February 28 - Columbus  
Emerald Miles - March 14 - Cincinnati

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### Mission Statement:

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.