

# The Update



July 2026

**August 1, 2026**  
**Flannagan's Dublin**  
**Columbus, Ohio**



Epilepsy Alliance Ohio proudly presents our Annual Sand Volleyball tournament to support agency programs and services!

**[2026 Sand Volleyball Brochure](#)**

**[2026 On-Line Registration](#)**

## **Virtual Adult Epilepsy Support Groups**

The Virtual Epilepsy Support Groups are monthly gatherings of adults with epilepsy, as well as parents, families and caregivers of those effected with epilepsy. The purpose of the groups is to come together to share tips, mutual concerns, common issues, challenges and successes with other members of the group. Information is shared and support is offered to help to meet the struggles faced by those dealing with epilepsy. It can be a real comfort to see that other people have concerns that are similar to yours, and that you are not alone. Click [HERE](#) for more info and the Zoom links.

**Men's Support Group - 1<sup>st</sup> Tuesday, 5:00-6:00 PM**  
**Adult Support Group - 3<sup>rd</sup> Wednesday, 5:30-6:30 PM**  
**Parent Support Group - 4<sup>th</sup> Wendsday, 5:30-6:30 PM**



## **Living with Epilepsy Conference**



**Saturday, October 24, 2026 | 8 AM to 12 PM**  
**at OhioHealth David P. Blom Administrative Campus (BAC)**  
**Columbus, Ohio**

**A conference for people with epilepsy, their family and friends,**  
**and professionals in the field of neurology.**

**Wide Range of Topics by many experts!**

**Click [HERE](#) to for more information and to sign up.**

# Emergency Assistance Fund



Epilepsy Alliance Ohio offers an Emergency Assistance Fund, funded through a grant from the Epilepsy Wellness Advocates, which provides financial assistance for medication, travel expenses, and other related costs associated with epilepsy and seizures. This fund is designed to help individuals and families facing unexpected financial burdens due to epilepsy-related needs, providing a bridge until other funding sources or assistance programs can be accessed.

For eligibility guidelines and the application process, click [HERE](#).

### Notes

Cincinnati In-Person support groups are held at the Mason Community Center, Senior Center, 6050 Mason-Montgomery Rd., Mason, OH 45040

Columbus In-Person support groups are held at Dempsey Family Education and Resource Center in the Neuroscience Tower at Riverside Methodist Hospital located at 3535 Olentangy River Road Columbus Ohio 43214. Park in the red parking lot, parking passes will be provided.

If you would like to attend more support groups or can't make our times, check out <https://epilepsyallianceamerica.org/events/list/> for other specific support groups, events, and more!

This month's CEU Training Seminar is titled: "Helping People Change: An Introduction to Motivational Interviewing" Presented by Dr. Brett Dowdy, Psy.D, Chief of Psychological Services and Clinical Director of Lindner Center of Hope.

- Cincinnati In-Person Support Group
- Columbus In-Person Support Group
- Virtual Support Group
- Seminar
- Camp Flame Catcher

## 2026 Monthly Calendar

# July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:00pm-7:30pm	2	3	4
5	6	7 Men's 5:00pm-6:00pm	8 5:30pm-7:00pm	9	10	11
12 Camp FLAME CATCHER	13 Camp FLAME CATCHER	14 Camp FLAME CATCHER	15 FLAME CATCHER Adult's 5:30pm-6:30pm	16 Camp FLAME CATCHER	17	18
19	20	21	22 Parent's 5:30pm-6:30pm	23	24	25
26	27	28	29	30 Seminar 9:00am	31	

**Save the Dates**  
Camp Flame Catcher - July 12-16 - Warren County, Ohio  
Sand Volleyball - August 1 - Columbus, Ohio  
Living With Epilepsy Conference - October 24 - Columbus, Ohio

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### Mission Statement:

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.